

Elizabeth Baptist Church  
Dr. Craig L. Oliver, Sr.



# BETTER

Faith | Finance | Fitness | Family | Fun

**A 12-Month plan  
towards a better you!**

**#BetterIsBeforeMe**

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## Your Strategy for a Better Life!

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***“If you are to fulfill your vision for a better life, you must formulate a plan of action. Effective planning involves identifying and prioritizing those actions that will move you most efficiently towards your goal.”***

**– Stedman Graham**

The mistake that many of us make while traversing the terrain between great ideas and successful execution is lack of planning. Success is not an incidental or accidental occurrence, but rather, it is the result of intentional preparation and well executed plans. Engaging an effective plan through preparation is a critical process that cannot be dismissed if one is to experience personal growth and a BETTER life. As a family we are looking at five critical areas (Faith, Finance, Fitness, Family, and Fun) whereby we desire to improve our lives for the BETTER. What does a BETTER life look like for you in those areas? This question should guide you as you establish an action plan and set up strategic goals.

Remember to make your goals **SMART!**

**S** – Specific. A defined end point or target.

**M** – Measurable. Attach numbers and timelines to the goal.

**A** – Achievable. Ensure that it is within the realm of possibility.

**R** – Relevant. Is this goal in line with your overall vision?

**T** – Time Limited. The goal must be measurable over a period of time.

It is a good thing to have great ideas, but it is a BETTER thing to see those ideas move from concepts to reality.

**#ebcBETTER #BetterIsBeforeMe**

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#BetterIsBeforeMe

**Ultimate Vision:**

What does a Better Life look like for me?

**Ultimate Purpose:**

What is influencing this particular vision?

**Ensure that goals are SMART!**

Specific • Measurable • Achievable • Relevant • Time Limited

**Goals****Checkpoint Date**

1. <u>Attend weekly Bible study</u>	<input type="checkbox"/>	_____
2. <u>Enroll and participate in a Life Group</u>	<input type="checkbox"/>	_____
3. <u>Engage in a daily Bible reading plan</u>	<input type="checkbox"/>	_____
4. <u>Read "Fundamentals of the Faith" by John MacArthur</u>	<input type="checkbox"/>	_____
5. <u>Read "Defending Your Faith" by R.C. Sproul</u>	<input type="checkbox"/>	_____
6. _____	<input type="checkbox"/>	_____
7. _____	<input type="checkbox"/>	_____
8. _____	<input type="checkbox"/>	_____
9. _____	<input type="checkbox"/>	_____
10. _____	<input type="checkbox"/>	_____
11. _____	<input type="checkbox"/>	_____
12. _____	<input type="checkbox"/>	_____

# Quarterly Progress Celebration

January – March

April – June

July – September

October – December

**Ultimate Vision:**

*What does a Better Life look like for me?*

**Ultimate Purpose:**

*What is influencing this particular vision?*

**Ensure that goals are SMART!**

**S**pecific • **M**easurable • **A**chievable • **R**elevant • **T**ime Limited

**Goals****Checkpoint Date**

1. <i>Solicit individuals to participate in outreach endeavors, Love in Action, Missions, and Personal Evangelism</i>	<input type="checkbox"/>	_____
2. <i>Intentionally invite 3 individuals to church per quarter</i>	<input type="checkbox"/>	_____
3. <i>Read "Share Jesus without Fear" by William Fay</i>	<input type="checkbox"/>	_____
4. _____	<input type="checkbox"/>	_____
5. _____	<input type="checkbox"/>	_____
6. _____	<input type="checkbox"/>	_____
7. _____	<input type="checkbox"/>	_____
8. _____	<input type="checkbox"/>	_____
9. _____	<input type="checkbox"/>	_____
10. _____	<input type="checkbox"/>	_____
11. _____	<input type="checkbox"/>	_____
12. _____	<input type="checkbox"/>	_____

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# Finance

## My Finance Goal

**Ultimate Vision:**

What does a Better Life look like for me?

**Ultimate Purpose:**

What is influencing this particular vision?

### Ensure that goals are SMART!

Specific • Measurable • Achievable • Relevant • Time Limited

## Goals

## Checkpoint Date

1. <i>Read "Total Money Makeover" by Dave Ramsey</i>	<input type="checkbox"/>	_____
2. <i>Enroll in Financial Peace University</i>	<input type="checkbox"/>	_____
3. <i>Trust God through systematic giving of tithes and offerings</i>	<input type="checkbox"/>	_____
4. <i>Set financial goals for 2018</i>	<input type="checkbox"/>	_____
5. _____	<input type="checkbox"/>	_____
6. _____	<input type="checkbox"/>	_____
7. _____	<input type="checkbox"/>	_____
8. _____	<input type="checkbox"/>	_____
9. _____	<input type="checkbox"/>	_____
10. _____	<input type="checkbox"/>	_____
11. _____	<input type="checkbox"/>	_____
12. _____	<input type="checkbox"/>	_____



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# Fitness

## My Fitness Goal

**Ultimate Vision:**

What does a Better Life look like for me?

**Ultimate Purpose:**

What is influencing this particular vision?

### Ensure that goals are SMART!

Specific • Measurable • Achievable • Relevant • Time Limited

## Goals

## Checkpoint Date

1. <i>Enroll and participate in the Get Fit program or a personal fitness program</i>	<input type="checkbox"/>	_____
2. <i>Implement a healthy diet plan</i>	<input type="checkbox"/>	_____
3. <i>Have a working knowledge of personal health numbers</i>	<input type="checkbox"/>	_____
4. <i>Schedule and keep annual health check-ups</i>	<input type="checkbox"/>	_____
5. <i>Read "Margin: Restoring Emotional, Physical, Financial, and Time Reserves to Overloaded Lives" by Richard Swenson</i>	<input type="checkbox"/>	_____
6. _____	<input type="checkbox"/>	_____
7. _____	<input type="checkbox"/>	_____
8. _____	<input type="checkbox"/>	_____
9. _____	<input type="checkbox"/>	_____
10. _____	<input type="checkbox"/>	_____
11. _____	<input type="checkbox"/>	_____
12. _____	<input type="checkbox"/>	_____

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# Family

# My Family Goal

**Ultimate Vision:**

What does a Better Life look like for me?

**Ultimate Purpose:**

What is influencing this particular vision?

## Ensure that goals are SMART!

Specific • Measurable • Achievable • Relevant • Time Limited

## Goals

## Checkpoint Date

1. <i>Read "Single, Dating, Engaged, Married: Navigating Life and Love in the Modern Age" by Ben Stuart</i>	<input type="checkbox"/>	_____
2. <i>Read "Families Where Grace is in Place" by Jeff VanVonderen</i>	<input type="checkbox"/>	_____
3. <i>Intentionally establish family time and outings</i>	<input type="checkbox"/>	_____
4. <i>Attend the Family Life Conference</i>	<input type="checkbox"/>	_____
5. _____	<input type="checkbox"/>	_____
6. _____	<input type="checkbox"/>	_____
7. _____	<input type="checkbox"/>	_____
8. _____	<input type="checkbox"/>	_____
9. _____	<input type="checkbox"/>	_____
10. _____	<input type="checkbox"/>	_____
11. _____	<input type="checkbox"/>	_____
12. _____	<input type="checkbox"/>	_____

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**Goals****Checkpoint Date**

1. <i>Read "Having Fun with God" by Suzette Lambert</i>	<input type="checkbox"/>	_____
2. <i>Find one book to read for leisure each quarter</i>	<input type="checkbox"/>	_____
3. <i>Intentionally engage in an activity that aligns with your personal interests</i>	<input type="checkbox"/>	_____
4. _____	<input type="checkbox"/>	_____
5. _____	<input type="checkbox"/>	_____
6. _____	<input type="checkbox"/>	_____
7. _____	<input type="checkbox"/>	_____
8. _____	<input type="checkbox"/>	_____
9. _____	<input type="checkbox"/>	_____
10. _____	<input type="checkbox"/>	_____
11. _____	<input type="checkbox"/>	_____
12. _____	<input type="checkbox"/>	_____

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